

## **LEATHERS CREED**

I would strive to grow  
by keeping my body healthy and clean,  
by keeping my mind open and free,  
and by letting my Spirit guide me.  
I would strive to do all three  
because each is equally a part of me.

## **LORD'S PRAYER**

Our Father who art in heaven,  
Hallowed by Thy name. Thy  
kingdom come. Thy will be done on  
earth, as it is in heaven. Give us this  
day our daily bread. And forgive us  
our trespasses, as we forgive those  
who trespass against us. And lead  
us not into temptation, but deliver  
us from evil. For thine is the  
kingdom, and the power, and the  
Glory forever. Amen.

## **CAMP ARBOLADO**

## **YMCA**

## **Triangle Leather Study Card**



For first year campers under twelve,  
who wish to accept the challenge to  
grow in BODY, MIND and SPIRIT.

## THOUGHTS ABOUT YOUR TRIANGLE LEATHER

The symbol of the YMCA is the triangle, and it is the strongest figure known. Each side is equal in length. One side stands for your **BODY**; one side stands for you **MIND**; and one side stands for your **SPIRIT**. Each one of these parts of you should be equally developed. One side should not be bigger or stronger than any of the others. Are you equally developed in *body*, *mind* and *spirit*?

Maybe your **body** could be even stronger and healthier. Maybe you can think of a way to improve your **mind** (like at school) or maybe your **spiritual** side (like at church). Talk this over with your counselor.

Everyone who takes a Triangle at YMCA Camp thinks of some way that he or she could become a better person. Challenge yourself to try to do things for the next year that will make you a better person in *body*, *mind* and *spirit*. In the space below write down your ideas for becoming a better person so you won't forget them.

---

---

---

---

---

Name

---

Date